

EMERGENCY INFORMATION

HOUSEHOLD INFORMATION

PHONE #: _____ ADDRESS: _____

ADDITIONAL FAMILY CONTACT INFORMATION: _____

EMERGENCY PLANS

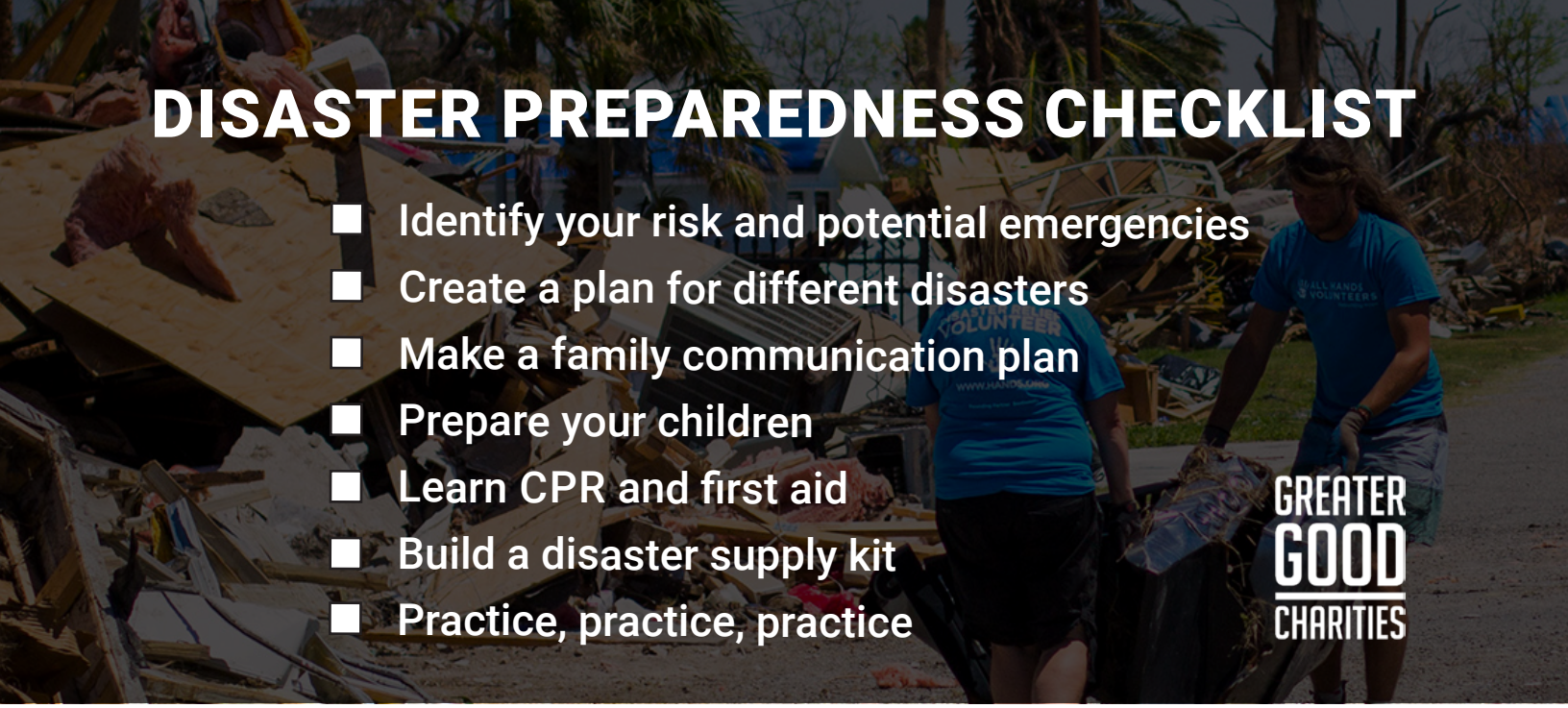
MEETING PLACES: _____ EMERGENCY CONTACT INFORMATION:

IMPORTANT MEDICAL INFORMATION: _____

LOCATION OF SUPPLY KIT: _____

LAST SUPPLY CHECK DATE: _____ LAST PRACTICE DATE: _____

VETERINARY INFORMATION: _____



DISASTER PREPAREDNESS CHECKLIST

- ■ Identify your risk and potential emergencies
- ■ Create a plan for different disasters
- ■ Make a family communication plan
- ■ Prepare your children
- ■ Learn CPR and first aid
- ■ Build a disaster supply kit
- ■ Practice, practice, practice

GREATER GOOD CHARITIES

SUPPLY KIT PACKING LIST

Water
- ☐ 1 Gallon per person per day
- ☐ 3 Day supply per person
- ☐ Portable water filter or filtration straw

Food
- ☐ Non-perishable or canned food, approximately 1500 calories per day per person, enough for 3-7 days
- ☐ Food for the elderly or infants if needed

First aid kit & medical supplies
- ☐ Latex gloves
- ☐ Gauze
- ☐ Band-aids
- ☐ Antiseptic wipes
- ☐ Soap
- ☐ Eye wash solution
- ☐ Scissors
- ☐ Medical adhesive tape
- ☐ Pain relievers: ibuprofen, acetaminophen, aspirin
- ☐ Tweezers
- ☐ Sharp scissors
- ☐ Safety pins
- ☐ Thermometer
- ☐ Face masks

Tools & supplies
- ☐ Escape ladder
- ☐ Compass
- ☐ Fire extinguisher
- ☐ Toilet paper, towelettes, sanitizer, soap/detergent
- ☐ Plastic storage containers, garbage bags, zip ties
- ☐ Pencil and paper
- ☐ Personal hygiene items and feminine supplies
- ☐ Battery-powered radio
- ☐ Flashlight
- ☐ Extra batteries
- ☐ Candles
- ☐ Matches in a waterproof container
- ☐ Whistle
- ☐ Sturdy multi-function tool
- ☐ Manual can opener
- ☐ Duct tape
- ☐ Two-way radio

Clothing and bedding
- ☐ Sleeping supplies — blankets, pillows, sleeping bag
- ☐ Rain gear
- ☐ Towels
- ☐ Closed-toe shoes
- ☐ Coat
- ☐ Rain gear

Personal items
- ☐ Important documents, such as ids and medical information, stored in a waterproof and portable container
- ☐ Prescriptions
- ☐ Medical supplies
- ☐ Glasses or extra contact lenses and supplies
- ☐ Books, games, cards, and puzzles
- ☐ Extra cash
- ☐ Local maps
- ☐ Cell phone and charger
- ☐ Infant and small children's needs
- ☐ Extra clothing

Pet supplies
- ☐ 3 Days' worth of food and water
- ☐ Food dishes
- ☐ Medications
- ☐ Disposable litter trays and litter
- ☐ Collar or harness and leash
- ☐ Blanket
- ☐ Toys
- ☐ Pet carrier
- ☐ Important documentation, such as medical or vaccination records
- ☐ Veterinarian information
- ☐ Pet first aid kit

In addition to the first aid kit above, include these pet specific items:
- *Nail clippers*
- *Self-adhesive bandage*